



Friends of the Auburn Tower Newsletter

Winter 2019

Inaugural Piano Recital on the Baby Grand

Sponsored by the Friends of the Auburn Tower, the inaugural recital on the Kawai grand piano generously donated to the Auburn Uniting Church by Mrs Shirley Fraser took place on Sunday afternoon, March 31. The visiting artist was pianist Lachlan Redd who presented a varied program of works by composers from the baroque, romantic and modern periods. Redd's playing was lively and robust, displaying a range of styles and moods as well as an enviable technical control which clearly brought out the brighter character of the instrument's tonal capabilities. Particularly pleasing was the surprise encore — a J S Bach sarabande from one of his keyboard suites — which brought a stimulating concert to a gentle and highly satisfying conclusion.

with thanks to Graham Bartle



Clockwise from top left: Shirley Fraser with committee member Pat Rogerson; Mrs Fraser with Lachlan Redd; the audience with member Bruce Macrae in foreground

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Inside this Newsletter:

<i>Inaugural Piano Recital on Baby Grand</i>	1
<i>Speaker - AGM 2019</i>	2
<i>An Evening with ... David Parkin</i>	2
<i>Pipe Organ Plus One Concert</i>	3
<i>The Tower and the Awarding-winning Cook Book</i>	3

Speaker — Annual General Meeting 2019

This year's AGM will be held on **07 October** where our special guest speaker will be **Liz Vines OAM**. Liz is a specialist heritage conservation architect. After obtaining her Honours degree in Architecture (Melbourne University, 1977), Liz started her own Melbourne practice, Jacobs Lewis Vines and she has undertaken heritage projects in areas as remote as Broken Hill and Wilcannia. Liz's first book, ***Streetwise***, was a seminal "how to" manual for those interested in building and streetscape restoration. It has been widely used as a guide for upgrading Australian towns since its publication in 1996 and her second book ***Streetwise Asia*** – a 2006 World Bank/UNESCO publication now translated into Chinese – has found wide applicability. Liz teaches at the University of Hong Kong, and is an Adjunct Professor in the Centre of Cultural Heritage in Asia & the Pacific at Deakin University in Melbourne. She also consults to UNESCO, the Getty Institute, and the World Bank on a range of Asia projects. She was awarded an Order of Australia Medal in 2009 for her contribution to heritage conservation in Australia and Asia.



David Parkin — A mix of sport, academia and business expertise

The second Friends' Winter Event is **An Evening with ... David Parkin OAM**. David's accomplishments as a football player and coach are outstanding. They include captaining the Hawthorn Football Club to their second premiership in 1971, and then coaching them to a flag in 1978. He later coached Carlton Football Club to successive Premierships in 1981-82, and then again in 1995. But David's influence extends way beyond VFL/AFL football. His involvement with education includes developing and lecturing in the Sports Coaching Degree course at Deakin University. He is also a prolific writer. He has written and published more than a dozen books and numerous articles and is regularly asked to comment on Australian Football. As a motivational speaker, David presents to many corporates such as MLC Life, Spalding Australia, RACV, Campbells Soups, Telstra Australia, Australia Post and KPMG. Having been diagnosed with prostate cancer in 2009, David has also thrown his full support behind raising awareness for all Men's Health issues and the importance of regular health checks. He is a popular speaker at Sporting Clubs, Rotary Clubs and other community organisations on Men's Health, recently speaking at a business breakfast for the City of Boroondara. Our Friends secretary, Alan attended the event and reports that David is an amusing and inspirational speaker.



David continues to share the knowledge and experience gained throughout his life. This is a special event and one not to be missed.

Pipe Organ Plus One Concert

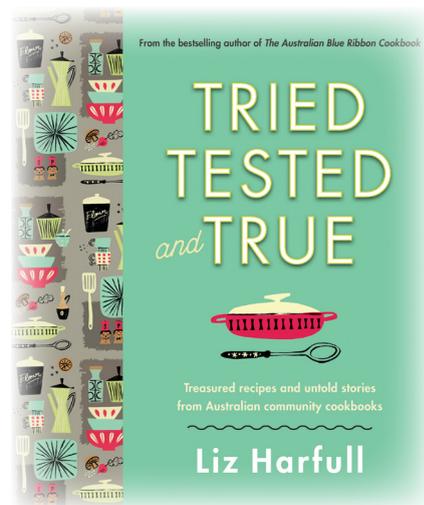
As forecast in our previous Friends Newsletter, organist **Dominic Perissinotto**, who is now director of music at the Basilica of St Patrick, in Fremantle, will be joined by his wife, mezzo-soprano **Eva-Marie Middleton**, to present the first of our Winter Events on **Sunday 21 July at 2:30**. These two talented performers will showcase the virtuosity of the human voice as well as the magnificence of the Auburn Uniting Church's Fincham Organ. This promises to be an entertaining and sure way to warm you up on a Winter's afternoon.



The Auburn Tower and The Award-winning Cookery Book

What's the connection, you ask? Well more than 100 years ago, Alice Wharton Shaw compiled a cook book entitled **600 Tested Recipes** and released by the Auburn Methodist Ladies Guild to help pay off a long-standing debt incurred to build the church complex in the late 1880s. The Auburn Tower is part of this historic complex. Alice had lived in a fine brick villa in Berkeley Street Hawthorn with her husband, Henry, until tragedy struck after the cook book came out. Henry was lost at sea on returning from New Zealand. Now that story and some of the recipes are featured in a modern cook book which is short-listed for an international award.

Author **Liz Harfull** reveals the tale in her latest book, **Tried Tested and True**, which celebrates Australian community cookbooks and the volunteers who compiled them. Liz's stories focussed on "cookbooks produced to raise money for worthy causes, covering a period of about 100 years, starting in the 1890s," The collection of beautifully illustrated stories and carefully revised classic recipes has been short-listed for a 2019 Gourmand Award, due to be announced at a special ceremony in Macau on July 4.



Liz Harfull at work in her kitchen

Whilst researching stories for the cook book, Liz discovered some amazing stories involving the women such as Alice who had provided recipes. "As a researcher, it was quite a remarkable journey," Liz said. "Alice went from being a faceless name, known only by her husband's initial, to this very real woman, who donated her spare time to the church, survived tragedy and maintained a home for her children in testing circumstances."

Tried Tested and True is now available through Australian bookshops (RRP \$39.99) or direct from the author. For more information visit www.lizharfull.com

Invoices for Membership Renewals will be sent out in early July. We look forward to welcoming our Members to our forthcoming events.